

BACKYARD



SD73 AFTER-SCHOOL PROGRAMS

BINGO

**JUMP
AS HIGH
AS YOU CAN**

8 TIMES

**WALK
LIKE A DUCK**

20 STEPS

**LAY DOWN
&
STAND UP**

6 TIMES

**PRETEND TO
SHOOT A
BASKETBALL**

12 TIMES

FREE

**BALANCE ON
YOUR LEFT FOOT**

10 SECONDS

**WALK LIKE
AN INCHWORM**

5 TIMES

**FIND A STICK &
JUMP OVER IT**

11 TIMES

**JUMP LIKE
A FROG**

9 TIMES



ROLL A SMALL ROCK ON THIS BINGO CARD.



WHICHEVER SQUARE THE ROCK LANDS ON, THAT'S THE ACTIVITY YOU MUST DO.



FIRST TO COMPLETE ALL THE ACTIVITIES WINS THE GAME